hey friends and neighbors --

BIG weekend in our beloved Estacada – get out there to have some FUN; visit with neighbors and meet some new friends....Don't get blown away...

NOTE: The Oregon Shakespeare Festival performance in Estacada, has been **rescheduled** for MONDAY, DEC 7th -- more details below....

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Be SURE to get to our Estacada Library before the holidays. The Good Old Dog "Art in the Library" Art Show, sponsored by the Estacada Area Arts Commission is FABULOUS. The portraits are GREAT and the haiku poetry is a LOVELY addition. It's one not to miss -- ESPECIALLY if you are a lover of the pooches.

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A WARM WELCOME to all the new DAWG readers this week. It's GREAT to have you join us. If there are new people in the neighborhood, and they'd like to know "all the cool and groovy" things that are happening, just have them send an email to: fun4ever50@gmail, and I'll add them to the list....

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Be sure to peruse the DAWG from top to bottom, so you don't miss anything - I add new listings throughout the document...

WELCOME to all the new LUCKY DAWG eNEWS readers.

For those of you reading the DAWG each week, I THANK YOU......

See you around town......Be good to yourself......

gloria ©.

<u>.....</u>

<u>.....</u>

start a conversation and impress your friends with these tidbits:

<u>did you know</u>? –

11 Common Misconceptions About Beer Discrete Revent



If beer only conjures up images of frat boys pounding cans of the cheap stuff or doughy sports fans reveling in the alcoholic refreshment before, during, and after a big game, think again. Beer has come a long way, baby, and many of the preconceived notions about the beverage are decidedly unfair, as evidenced by the following 11 fabrications.

1. BEER SHOULD BE SERVED "ICE COLD."

All of those neon ice cold beer signs are actually bad news for beer drinkers. To properly enjoy their beer, it should be served at 44 degrees Fahrenheit (with a little leeway depending on the type of beer you're drinking—a barrel-aged Stout, for example, should be served only lightly chilled). The reason is that taste buds become dead to the taste of the drink when it is served any colder, which means you're not really tasting anything or getting the most enjoyment out of your beer.

2. FROSTED BEER MUGS KEEP IT CLASSY.

Piggybacking on the falsehood that beer should be guzzled cold, it also shouldn't be served in a frosted beer mug. Would you serve wine in a frosted glass? No (and if the answer is yes, there are no words...). An intensely cold beer mug will also numb your senses to the taste of the beer.

3. ALL DARK BEERS ARE HEAVY.

If you've been avoiding dark beers because you fear their intensity, you've been sorely misguided. "People naturally assume they are heavier," says Hallie Beaune, a rep for Allagash Brewing Company and author of *The Naked Pint: An Unadulterated Guide to Craft Beer.* "I think it's that connection to Guinness, which promotes itself as creamy and almost like a meal, that's the feeling they give in their commercials. For a lot of people that's the first dark beer they've had so they assume they're all similar when, really, dark beers are just dark because of the roast level of the malt that's used in the beer."

4. GUINNESS IS INHERENTLY FROTHY.

Sure, Guinness is served all creamy and delicious-looking, but Beaune explains it has less to do with the beer itself and everything to do with the tap most stouts use, which has more nitrogen than the standard tap (generally a mix of nitrogen and CO2). To deliver all that frothiness, a stout faucet, which has a long, narrow spout, is used.

5. DRINKING BEER FROM THE BOTTLE IS THE BEST WAY TO ENJOY IT.

Sure, a bottle may look more refined than a can, but it's still not the appropriate vessel. "Drinking beer from the bottle is another no-no, mostly because what you taste comes from your olfactory senses from your nose, so if you take a sip of something from that kind of bottle your nose isn't participating at all," says Beaune. "It's too small for you to get a whiff of the beer. Just like if you were drinking red wine out of a wine bottle, you wouldn't really be able to evaluate that wine."

6. BEER IS TOUGH—YOU CAN STORE IT ANYWHERE.

Think again—all beer should be stored in a refrigerator. It responds best to cold, dark storage.

7. SKUNKY BEER IS JUST A CUTE NAME FOR BEER GONE BAD.

There is actually a reason why seemingly rancid beer is termed "skunky." "Light can hurt beer—they call it lightstruck," says Beaune. "The light interacts with the hops in beer (the four ingredients in beer are malt, water, hops and yeast), and it can actually have this chemical reaction that creates a smell that's the same as a skunk gives off, which is why you hear about skunky beer."

8. ALL BEER BOTTLES ARE CREATED EQUAL.

Darker bottles are important. Clear or green bottles may be pretty, but they're not doing much to protect your beer from light. Dark beer bottles work best to help retain its intended flavor.

9. CANNED BEER MEANS CHEAP BEER.

Cans are actually a great way to protect beer, but in the old days they would often give the beverage an aluminum taste. "Most of the cans the craft breweries are using nowadays have a water-based liner so the beer isn't actually touching the aluminum," says Beaune. "It can be really good for beer. Cans heat up and cool down very quickly, too, so you obviously want to keep them cold."

10. BEER IS SIMPLER THAN WINE.

You've got your four ingredients—malt, yeast, water and hops—what could be more basic than that? Manipulating those ingredients in various ways will give you different varieties, but breweries are doing some really cool stuff by adding flavors you'd never dream would work so well in beer. "A lot of the flavor in beer comes from the malt or the hops or yeast, but then there's all of this freedom in beer," says Beaune. "We did a beer at Allagash called Farm to Face, which is a pretty tart and sour beer. We added fresh peaches to it from a local farm. You can't do that with wine—you can't add peaches. People add everything you can imagine to beer like pineapple, coconut, every fruit—there are no rules. That's one of the fun things about beer, it's a lot like cooking, you can add rosemary, you can add whatever you want. Everybody experiments. It keeps the beer world really interesting."

11. BEER WILL GIVE YOU A BEER BELLY, COCKTAILS WON'T.

Sure, anything in excess will contribute to weight gain, but beer is hardly the most calorie-laden drink you'll find in a bar. Much of the flack beer gets (i.e. the "beer belly") goes back to the fallacy that beer is particularly heavy. "Most glasses of wine are pretty high in alcohol and a lot of cocktails are way higher in calories," says Beaune. "If you drink a margarita that's one of the highest calorie things you can drink."

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<u>....</u>

First Friday in beautiful downtown Estacada...



You are invited to...

1st Friday December 4th 6-8:30 pm

Come in and check out our Christmas Shop - Lots of unique and beautiful one-of-a-kind presents!

"HOLIDAY SHOW"



Lights on Broadway -- Holiday Kick-off...

The City of Estacada Presents

Ghts On Broadway Holiday Kick-Off Celebration Friday, Dec. 4, 2015

HOLIDAY TREE LIGHTING HARVEST MARKET SQUARE - 5-7 PM

Tree Lighting at 5:45 Horse-drawn Hay Rides ~ By Lori Lee Coffee, Hot Cocoa, Cider & Cookies Face Painting Santa will make an appearance at 6 pm (Courtesy of the Estacada Rural Fire Dept.)

Estacada Development Association 5TH ANNUAL WINTER ARTISAN SHOW

Sponsored by Weston Buick KIA GMC CITY HALL COUNCIL CHAMBER FRIDAY, DEC. 4, 5 PM-8 PM SATURDAY, DEC. 5, 10 AM-5 PM Buddha Kat Winery Wine Tasting

FIRST FRIDAY ON BROADWAY

Stroll Down Broadway Street

Live Music at various locations

GRAPHICS AND DESIGN BY LINX MEDIA. ESTADADA, OR



MARK YOUR CALENDARS Fall Arts and Culture Series...

Estacada Area Arts Commission's 2015 FALL Arts & Culture Series



Mark you calendars NOW! You won't want to miss any of these great events!

DECEMBER 4 &

5

Estacada Development Association Sponsors The 5th Annual Winter Artisan Show

This show and sale exhibits fine arts, folk art, crafts, and handmade works produced by local artists. Arts demonstrations and prize drawings ever half hour. Local wine tasting. Friday evening,

The Troubadors from EHS will be singing.

Friday 5-8pm and Saturday 10am-4pm Held at Estacada City Hall, 475 Main Street.

Artisans interested in applying should visit:

estacadadevelopmentassociation.org or call: 503-630-3401, 503-803-1856



Estacada Together presents Shakespeare Festival Performance

Two professional OSF actors will be visiting the high school and performing interpretations of Shakespeare and contemporary plays for the community. Monday 7pm at the Estacada Auditorium. 500 NE Main Street admission \$7 adult, \$4 senior/student, \$20 family



Oregon Shakespeare Festival

DECEMBER 12

Community Festival of Choirs This annual holiday performance of community choirs will be Saturday 7pm at the Estacada Auditorium.

DECEMBER 15

Estacada High School Band & Choir Night Tuesday at 7pm high school students will be performing for the community at the Estacada Auditorium.



DECEMBER 17

Estacada High School Concert Choir & Brass Ensemble at The Grotto EHS's Concert Choir and Brass Ensemble will be performing at The Grotto on Thursday night at 9pm. 8840 NE Skidmore St., Portland, Oregon 97220







Philip Foster Farm - Visit our website!



Contact Us

Estacada Area Arts Commission PO Box 958, Estacada, Oregon 97023 <u>www.estacadaarts.org</u>

<u>Here's What's Happening at the</u> Estacada Community Center...

ESTACADA COMMUNITY CENTER

200 SW Clubhouse Drive, 503-630-7454 www.estacadacommunitycenter.org

Hearing check

There will be free hearing checks at the Center on Tuesday, December 1 at 10:30 am.

Seminar: Diabetes and Your Feet

A seminar on diabetic footwear followed by free individual foot screenings will be held at the Center on Wednesday, December 2 at 10:00 am.

Dinner, live music and dancing

An all-ages evening of dinner, live music performed by the Heartland Classic Country Band and dancing will be held starting at 5 p.m. Saturday, December 5 at the Estacada Community Center, 200 S.W. Clubhouse Drive. Dinner is \$6, \$3 if you come for music and dancing only. 50/50 raffle to benefit Meals on Wheels.

Old-Time Fiddlers holiday lunch party

The Old-Time Fiddlers holiday lunch party will be held at the Center on Sunday, December 6 at noon. \$10. All are welcome.

Weekday lunches and games

Lunch is served in the Estacada Community Center's dining room at noon on Mondays, Tuesdays, Thursdays and Fridays. Donations are suggested. Chicken foot dominoes follow Monday and Thursday lunches. Bingo follows lunch on Tuesday and Friday. Bus service available. Please note: the Center will be closed on Thursday and Friday, November 26 and 27.

Free all-ages Tai Chi classes

Free Tai Chi classes for all ages are held at 10:30 am on Tuesdays and Fridays at the Community Center, 200 SW Clubhouse Drive. Please note: the Center will be closed on Thursday and Friday, November 26 and 27.

Seniors exercise class

Exercise classes for seniors are held at 9:30 am on Mondays and Thursdays at the Community Center, 200 SW Clubhouse Drive. Please note: the Center will be closed on Thursday and Friday, November 26 and 27.

Tae Kwon Do classes

Tae Kwon Do classes for ages 8 and up are held at 5:30 pm on Tuesdays and Thursdays at the Community Center, 200 SW Clubhouse Drive. Call 503-975-7119 for information and cost. Please note: the Center will be closed on Thursday and Friday, November 26 and 27.

Weight-loss group

TOPS (Take Off Pounds Sensibly), a weight-loss group open to all ages, meets at 8:30 am on Tuesday mornings at the Community Center, 200 SW Clubhouse Drive.

Library, ping-pong, puzzles and computer solitaire

Drop in any time, Monday – Friday, 8:30 am – 4:30 pm. Please note: the Center will be closed on Thursday and Friday, November 26 and 27.

Planning for What's Next...TODAY



<u>.....</u>

Grace Place COOKIE EXCHANGE -- FUN...

Holiday Cookies

Saturday December 12, 2015 1:00pm-3:00pm

HOLIDAY COOKIE EXCHANGE

Bring two dozen of your favorite holiday cookies to share with others. By the time you leave you will have a nice variety of cookies to take back to your family for sharing. There will be holiday fun for all.

Hope to see you there.

RSVP to Jennifer by December 10 at 503-630-5341.



380 NW 6th Avenue enlivant.com Estacada, OR 97023

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Women's HEALTH CARE right here in Estacada...





Trillium Midwifery and Women's Health just opened in Estacada! We will be sharing clinic space with Oregon Massage and Lymphedema center right on Broadway.

Laura Bartko, a nurse-midwife and nurse-practitioner, is offering gynecological care, including:

- annual exams (with Pap and labwork if needed),
- STD screens
- birth control counseling
- natural alternatives to hormone replacement for menopause
- herbal and homeopathic support especially around stress and anxiety

She also offers homebirth packages, or separate prenatal and postpartum support for those planning a hospital birth, and breastfeeding help for postpartum mamas. Stay tuned for breastfeeding classes for pregnant women, these will be coming soon!

To celebrate the opening, she is offering well-woman exams (including Pap if needed) for a discounted cash-pay price of \$100 when you book before December 15th!

(She does accept most insurance plans, including OHP - this cash discount is for clients who have a high deductible or no insurance.)

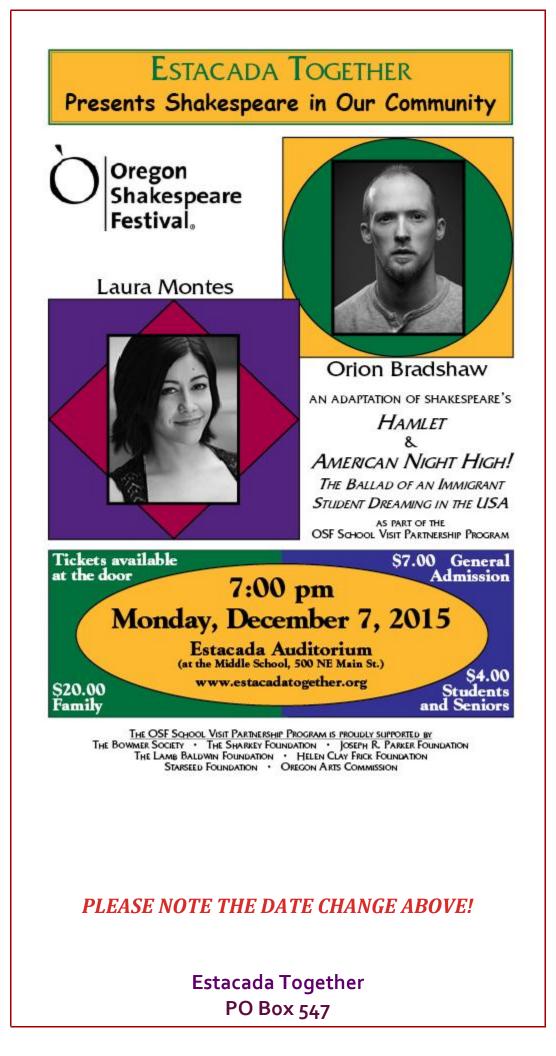
She also offers a limited number of Saturday appointments available for your scheduling convenience.

Call or email soon to schedule your check up - take care of yourself, ladies!

More info is at <u>www.trilliummidwifery.org</u>

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Shakespeare in Estacada...NEW DATE...



Estacada, Oregon 97023 503-637-3740

www.estacadatogether.com

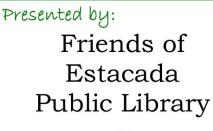
Cider in the Stacks...



Thursday, December 17 5:00 p.m. to 7:00 p.m. Warm apple cider a cookies a fireplace friends community celebration!

You are cordially invited

Cider in the Stacks





PLEASE Support us when you shop this holiday...



has a link on amazonsmile



https://smile.amazon.com/ch/46-4761595

Use the link above when you're shopping at amazon and the Friends will receive a percentage of the sale. This benefits the library and you, our patrons!

> Thank you for supporting your Estacada Library!

The Estacada Christmas Festival of Choirs...

Good Morning, Gloria....

Just wanted to get my request to you early this year. The Estacada Christmas Festival of Choirs is coming on December 12th. You have helped us, in the past, to spread the word about this traditional concert. Thank you for those efforts. You may remember, the music is provided by local choirs, small choirs, and small ensembles. The music is sacred, in keeping with the season. It begins at 7:00 PM in the Estacada Community Auditorium at the Junior High School. There is no admission charge. In other words, it's free!!):= Refreshments will be served following the concert.

Rehearsals for the Messiah choir begin tomorrow evening, Saturday, November 7th, at the Church of Jesus Christ of Latter-day Saints, on the Old Eagle Creek Highway. Rehearsals will be weekly through December 5th, and begin at 7:00 PM. All voice ranges are needed. If anyone likes to sing the music from this classic, they are most welcome, and encouraged, to join the group of singers.

Questions can be directed to Edith Cameron 503-630-4470, Rendell Frunk 503-630-8515, or Shirley Lippincott 503-630-4711. Thank you, again, for any help you can give the festival, Gloria.

Shirley Lippincott

What's NEW at our Wade Creek House ...



WHOOHOO!

THIS FRIDAY, DECEMBER 4TH, 5-8pm

WADE CREEK HOUSE ANTIQUES HOLIDAY OPEN HOUSE

nnual please join us Wade Creek House rida ANTIQUES December 4th 5pm – 8pm 664 NW Wade St ESTACADA 🔹 Shop, Sip, Save & Spack

We are excited to invite everyone to our Annual HOLIDAY OPEN HOUSE. With door prizes, storewide savings, snacks, and cider sipping, it is going to be a great night. We will all be there to thank you for another great year. See you then!

THEN ON .. SATURDAY, DECEMBER 5th Pictures with Santa



Santa will be at Wade Creek House Antiques from 10:30am - 2pm. Pictures are \$5 each and all money will be donated to Estacada Elementary Schools. Pictures can be emailed, mailed, or picked up at Wade Creek House. Thank you for supporting our kids!

and our Sleigh Raffle

Craig and Sandra Gearheart built and donated this amazing wood sleigh that is big enough to seat 2 children. Then the rest of the members of Wade Creek House have stuffed it with wonderful holiday decor, gifts, and so much more. The value of this is well over \$400. The sleigh is on display at Wade Creek House Antiques and you really need to come and see it. It is amazing. There you can buy your raffle tickets at a cost of \$2 per ticket or 6 tickets for \$10. We want to raise as much money as we can so the drawing for this fabulous prize will be held December 16th at 5pm. It's all about the kids. Please share... because ... Great opportunities to help others seldom come, but small ones surround us every day... Sally Koch

Then on Sunday, December 6th from 1–3pm HOLIDAY WREATH CLASS

Make it special and personal when you decorate a round fir wreath base premade by Linda. She will have a huge variety of different kinds of natural foliage items including the traditional pine cones, holly, and much more. Limited class size. Cost is \$22. If you have them, please bring wire cutters, pruners, and gloves.

Reservations required.



WE LOOK FORWARD TO SEEING YOU THIS HOLIDAY SEASON!

WADE CREEK HOUSE ANTIQUES

thewadecreekhouse.blogspot.com & Facebook

Open Christmas Eve 10a - 4p Closed Christmas

Winter Hours Monday - Saturday 10a - 5p Sunday 11a - 5p

friends, smiles, laughs, antiques, collectibles, vintage, old, rusty, shabby, chippy, reclaimed, repurposed, revived, salvaged,

scavenged, found, barn, garage, estate, garden, home, primitive, and more

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"<u>A Very Boring Christmas</u>"...



Christmas cheer at A VERY BORING CHRISTMAS-- featuring bluegrass music by Larry Wilder, appearance by Santa Claus, special readings by local actors and raffle baskets! Dec 11, 12 and 13th at the Boring Grange Hall. 7:30PM on Friday and Saturday or 3:00PM Sunday. Tickets only \$10.00. Plenty of family fun and holiday laughs!

www.nnbtheater.com

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Larry Wilder to play for "A Very Boring Christmas" (AGAIN) - this holiday show will feature five Christmas stories read by various actors, Raffle baskets, door prizes and an appearance by Santa Claus, with candy canes for all the little ones

This show will run for one weekend only : Dec 11-12 at 7:30PM or Sunday, Dec. 13 at 3:00PM. Tickets are \$10

at the door. Please join us for a fun holiday show. <u>www.nnbtheater.com</u> for more information!

<u>3 fun evenings coming up at AntFarm...</u>



The might of one. The power of many.

"We can begin by doing small things at the local level, like planting community gardens or looking out for our neighbors. That is how change takes place in living systems, not from above but from within, from many local actions occurring simultaneously." -Grace Lee Boggs

Hello, AntFarm Friends:

Just a quick note about a couple of fun evenings coming up at AntFarm.

A NIGHT OF NOURISHMENT + COMMUNITY

Friday, Dec. 4 is our monthly Gourmet Soup Night. At this popular event, meet neighbors and friends for a visit at AntFarm. 2 choices of soup (one is a vegetarian option), salad, home-baked bread, cookie and coffee/tea for \$8/person. RSVP to 503-668-9955.



A NIGHT OF ENTERTAINMENT + CULTURE

(Here's our big news!)



An Evening with Aaron Meyer

The world-renowned concert-rock violinist comes to Sandy on Saturday, Dec. 12th to play a benefit concert for AntFarm. He's played for the Dalai Lama and with Smokey Robinson and Everclear and we're thrilled he'll be sharing his gifts with us.

"Meyer brings a fresh and invigorating instrumental style to the stage and genuinely connects with audiences of all ages. His unique brand of music bridges world, contemporary progressive rock and classical genres."

Click here to check out his music.

Tickets are \$100/each or \$150/couple. 100% of the proceeds go to fund AntFarm's 7 programs that serve and educate area youth. Click here to order your Evening with Aaron Meyer tickets today.

Please email or call if you have any questions on any of these events.

And, as always, hope to see you at the Cafe soon for breakfast or lunch, Tuesday-Saturday.

AntFarm Cafe & Bakery 39140 Proctor Boulevard Sandy, OR 97055 503-668-9955

Aaron Meyer, world renowned rock concert violinist, will play a benefit concert for AntFarm on Saturday, December 12, 2015 at 6 pm.

"We're so excited that someone of this caliber—whose personal mission aligns so much with our mission of serving youth in the community—will be performing at AntFarm. It's an honor to welcome Aaron here and we're looking forward to a beautiful evening in Sandy for the concert," said AntFarm Executive Director Two Foxes Singing (Nunpa).

Concert Rock Violinist Aaron Meyer performs cutting-edge original music and arrangements with virtuosity and passion. Aaron brings his fresh and invigorating instrumental style to the stage and genuinely connects with audiences of all ages. Meyer's unique brand of music bridges world, contemporary progressive rock and classical genres. A classically trained violinist since age 5, Meyer debuted with the Philadelphia Orchestra at age 11, and has soloed with international symphony orchestras and ballet companies, in addition to performing for many world leaders and dignitaries. Meyer has worked with Pink Martini, Smokey Robinson, Aaron Neville, The Temptations, Leftover Salmon, 2002 Miss America Katie Harman, and Everclear.

The evening will include appetizers and sweet treats from the café along with our AntFarm's delicious coffee and tea drinks. A limited number of tickets are available for a donation \$100 each and \$150/couple and every dollar goes directly to fund AntFarm's 7 youth-support and education programs. The evening is the culmination of AntFarm's Sustaining the Seasons fall fundraiser—which runs through December 12.

It's going to be a Portland-style night out right in downtown Sandy—and a win-win as donations support our thriving community.

Order your tickets at www.antfarm-international.com/concert

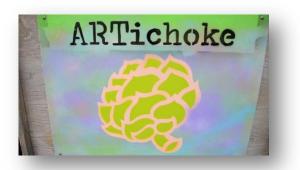
Questions? Contact Nunpa at 503-668-9955 or nunpa@woape.com

About Antfarm

AntFarm is a culturally safe and healthy community space for networking, support, and learning. It is a hub for activities and a community center for the local area with dozens of activities occurring on site, in the community, and in the nearby mountain areas.

Activities are provided through various venues addressing a wide range of needs including individual and group support, tutoring, mental health and addictions counseling, art and music development, support for domestic violence safety, educational tutoring, work skills development, life skills training, problem solving support, and decision making. The cafe, services and activities are provided in collaboration with faith-based programs, social-service agencies, law enforcement and justice programs,

"ARTICHOKE"...Up Coming Events...



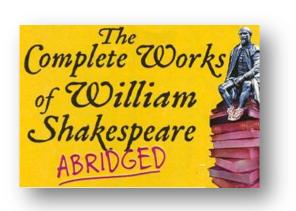
Artichoke

last weekend Reviews of Artichoke "*Artichoke* runs gamut of emotions" Kylie Wray Sandy Post

http://portlandtribune.com/sp/70-features/281909-158082-artichoke-runs-gamut-of-

emotions

"The actors in the play all fit their parts like a glove. They seem to become the characters instead of just enacting them." Dennis Sparks of Dennissparks reviews http://dennissparksreviews.blogspot.com/



Auditions for

The Compleat Works of Wllm Shkspr: Abridged

Directed by Anita Sorel Saturday, December 5th10:00 - 1:00

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An Evening of One Acts

The Actor's Dojo showcase Friday, December 11th 7:30 Admission - Free *not recommended for children*

Sandy and Hoodland Public Library Upcoming Events...



Holiday Greetings!

Thank you for expressing interest in the newsletter for the Sandy and Hoodland Public Libraries. We have lots of great events coming

up!

We will be closed on Christmas Eve and Christmas Day, opening on Saturday the 26th for our regular hours 10am-5pm in Sandy and 11am-5pm in Hoodland.

Program details are listed below and flyers are attached. Dates and times are subject to change so please check this link for up to date information:www.ci.sandy.or.us/Library



December 3rd at 6:30pm

Local author, Dan Bosserman will be at the Sandy Public Library to talk about his newly released book Images of America: Sandy. This book compiles the history of Sandy, Oregon in words and photographs.

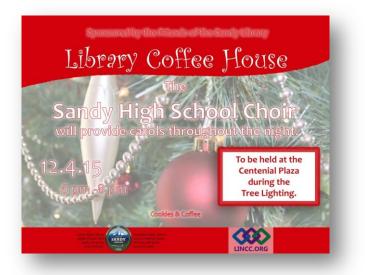


Photo:Gretchen Corbett

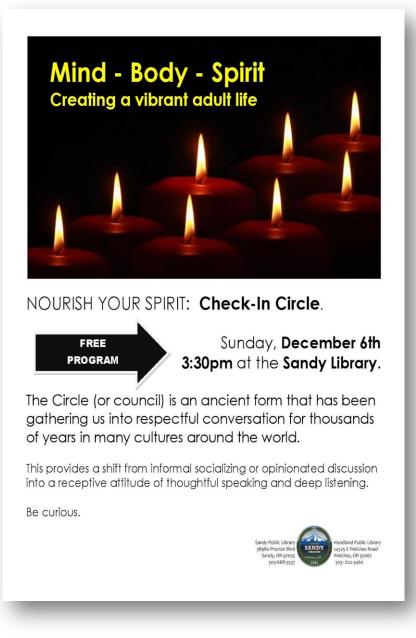
January 7th 7:00pm

Molly Gloss is the bestselling author of The Jump-Off Creek, The Dazzle of Day, Wild Life, The Hearts of Horses and Falling From Horses. Her work has earned numerous awards, including an Oregon Book Award, a Pacific Northwest Booksellers Award, the PEN West Fiction Prize, the James Tiptree Jr. Award, and a Whiting Writers Award.

Library Coffee House



Head to Centennial Plaza on Friday, December 4th from 6pm to 8pm to kick off the holiday season with treats, hot chocolate, caroling, and more! Mayor Bill King will light the Christmas tree at 7pm

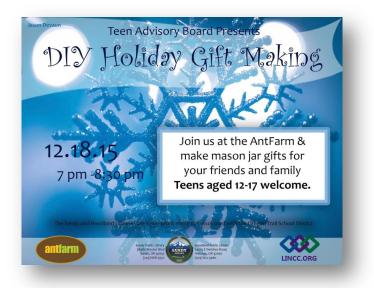


The Mind, Body, Spirit series of programming is meant specifically for Adults over 50, and will continue each quarter of the year with brand new programs in each area.

Teddy Bear Tea



Sandy Library: December 5, 10am. Bring your favorite cuddly to a teddy bear storytime. Your stuffed animal will stay overnight for a special party. Pick them up the next day, along with pictures of their adventures!



DIY Holiday Gift Making

Join us at the Ant Farm to make delectable treats in mason jars to give to your nearest and dearest. Then engage your artistic side, and make terrariums and other presents for your family members. Teens aged 12-17 welcome. December 18th 7-8:30pm.

Regular On-Going Programs

Storytime

Playtime is directly after storytime. You can your child and enjoy a whole hour of story time fun!

Sandy:

• Preschool Story Time is Wednesday at 10:00 am. Appropriate for kids aged 3-5 years.

- Baby Storytime is Wednesday at 11:00 am. Appropriate for babies up to 1 year old.
- Toddler Time is Thursdays at 10:00 am. Appropriate for kids aged 1-2 years.

Hoodland:

• Story Time is Thursdays at 10:30 am. Appropriate for all ages.



Story Time with an Officer

The Sandy Library is collaborating with the Sandy Police Department for special storytimes with a local police officer! Storytime with an Officer is on the 2nd Wednesday of each month. The next Storytime with an Officer will be December 9th at 10am

Saturday Afternoon Kids' Club

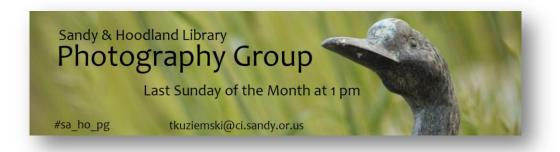
2-4pm Every Saturday is Kids' Club at the Sandy Library! 1st Saturday of each month: LEGO Club 2nd Saturday of each month: Board Games 3rd Saturday of each month: Art Club 4th Saturday of each month: Video Games and Minecraft

Hoodland Saturday Afternoon Kids' Club 1pm to 3pm

2nd and 4th Saturdays of each month are LEGO Club

Teen Advisory Board:

Join the **TAB** to get involved and help plan our teen programs! TAB meetings are the 2nd Wednesday and 4th Friday of each month at 4pm in the Community Room of the Sandy Library. Come hang out, eat pizza, and share your ideas with the library. It looks great on your resume or college application.



The Photography Group meets the last Sunday of each month 1pm in Sandy Library Community Room. This is

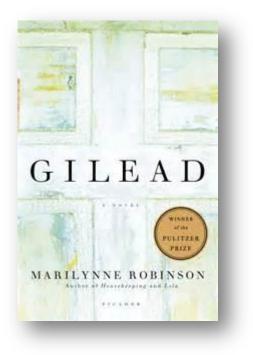
a group for all experience levels. We are on-line with <u>Flickr</u> and Instagram. #sa_ho_pg Next meeting, December 27th

3 Book groups; Men, Women & Mystery

Visit the Library website or like the City of Sandy on Facebook to see what books the book groups are reading next. Book Groups meet at the Sandy Library unless otherwise noted.

Men's Group meets the first Monday of each month at 7pm (except for the Labor Day Holiday): Dec 7

Women's Group meets on the second Thursday of each month at 7pm: Dec 10th



Hoodland Book Group

The Hoodland Book Group will have the first group meeting on Wednesday, January 20th at 6:30pm at the Hoodland Library. We will discuss Gilead by Marilynne Robinson.

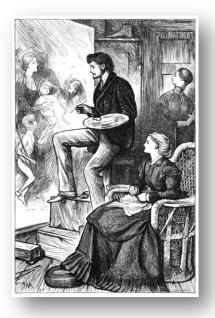
If you are interested in joining the Hoodland Book Group, contact the library at <u>503-622-3460</u> or email the library at <u>hoodlandlibrary@ci.sandy.or.us</u>

Book-a-Librarian

Every Tuesday is Book a Librarian day at the Hoodland Library.

A Reference Librarian is available from 2:00pm to 6:00pm to assist you with research, using library resources or catching up on the latest technologies. You can call ahead and book individual time with the Reference Librarian at <u>503-622-3460</u> or email <u>hoodlandlibrary@ci.sandy.or.us</u>

Drop in "UFOs" Work Space



Picture credit: George Du Maurier

Hoodland Community Room Fridays from 3:00pm - 5:30pm December - February 2016.

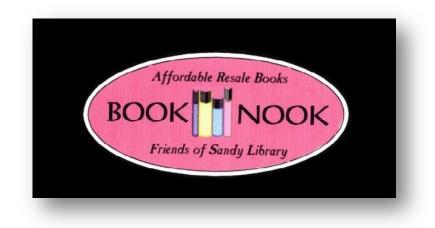
We are opening the Hoodland Community room for you! Come in and work on your unfinished [objects] projects, "UFOs" that have been sitting around waiting. Use our space for wrapping Christmas gifts, enjoying some quiet time or just working on the next great American novel. Our space can be your work or project haven!

Volunteer Opportunities

We are seeking volunteers aged 14 and up to help with various projects. The amount of involvement is up to you! Monthly or weekly tasks available, a six month commitment is appreciated. Please fill our <u>online volunteer</u> <u>application</u>. Please contact the Sandy Library at <u>503-668-5537</u> or by email at <u>libraryassistants@ci.sandy.or.us</u> or the Hoodland Library by phone at <u>503-622-3460</u> or by email at <u>downey@ci.sandy.or.us</u> We look forward to working with you!



If you are looking for gifts, don't forget the BOOKNOOK this season! Located in the Sandy and Hoodland Libraries, the Friends of the Library have a large selection of used gift books on display.



Libraries in Clackamas County 2016 Teen Summer Reading Artwork Contest

Libraries in Clackamas County (LINCC) will have a contest for the Teen Summer Reading Artwork. Artwork may be submitted between Saturday, January 2, 2016 and Saturday, February 13, 2016 to the Sandy or Hoodland Public Libraries.

Some guidelines

- The artwork must represent the Teen Summer Reading theme (Wellness, Fitness and Sports) and slogan (Get in the Game: Read) in imagery only. Artwork must contain no words.
- Design must include artwork on 8 1/2" x 11" paper.
- Designs must be the original work of the entrant.
- Designs should be in color.
- Computer-generated images may be used, but all components must be completely original. You may not use any copied images.
- Limit two (2) entries per contestant.

The winning design will be used for all countywide 2016 LINCC Teen Summer Reading program materials, such as posters, forms, flyers, etc. The winner will also receive a \$100 cash gift card.

Swing by the Sandy or Hoodland Libraries for a copy of the entry form. <u>Libraryassistants@ci.sandy.or.us</u> or give us a call at <u>503-668-5537</u>

Staff at the Sandy and Hoodland Libraries wish you and

your families a happy and healthy holiday season!

All library programs sponsored in part by the Friends of the Sandy Library and Friends of Hoodland Library

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CCC Horticulture Department Offerings...

OREGON CITY – The Horticulture Department at Clackamas Community College this fall will offer a variety of workshops and classes for home gardeners, as well as pesticide classes in English and Spanish for professional licensing. A roundup of short courses and workshops during fall term 2015 follows:

- Pesticide Core Training: Friday, Dec. 4, from 8 to 11:50 a.m. in Clairmont, room 136. This workshop qualifies for four core recertification credits as required by the Oregon Department of Agriculture. Fee is \$40.
- Apprentice Applicator Recertification in Spanish: Friday, Dec. 4, from 8 a.m. to 4:50 p.m. in Clairmont, room 133. This class fulfills the Oregon Department of Agriculture's yearly continuing education requirements for renewal of the pesticide apprentice applicator license. Fee is \$80.
- Herb Gifts and Holiday Decorating: Saturday, Dec. 5, from 8 a.m. to 12:20 p.m., Clairmont, 117. During this morning workshop, participants will create herb gifts and holiday arrangements to take home. Fee is \$45.

For more information about horticulture offerings at CCC, please call the Horticulture Department at 503-594-3292, email <u>lorettam@clackamas.edu</u> or visit <u>http://www.clackamas.edu/horticulture/</u>.

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Singing bowls and more...



Are You In Need of Some Support this Holiday Season? Let us help with that.

Support in Vibrating With the Frequency of Gratitude

Tons of evidence point to the power of holding an attitude of gratitude for helping us feel better. Our biochemistry and brain waves can change (Tom Kenyon) by being grateful. Even the birds and animals in nature recognize that your energy state is different when you are in a state of gratitude (see What the Robin Knows by Jon Young).



<u>Click here to go to Sound Cloud</u>, where you can experience a little upliftment--my track called Gratitude can assist in inviting those high frequency states that will provide nourishment to your soul, mind, nervous system.

Enjoy!!!

Support Through Community Sound Medicine December 15th 6:30-9:30 Zion Unity Church Gresham, OR.

Join me and my sound healing colleagues as we uplift our energies with intentional, spirit-guided sound. You can join in to make sound, or simply receive. People who have been in my courses before are invited to



participate as practitioners in this open offering of healing service to the community. We will all leave feeling freer, clearer, lighter, with a greater capacity to transmit love into our holiday events and environments. <u>Click here to</u> RVSP.

This event is offered by LightSong School of 21st Shamanism and Energy Medicine.



Support From Power Animals, With Energy Clearing, & Soul Retrieval

Would you like some spiritual assistance this holiday season? Power animals can help navigate the intricacies and hustle-bustle of this time of year. Energy clearing ceremonies and the retrieval of soul essence can provide some extra stamina and loving kindness that can enrich your experience during this darkest time of the year. <u>Contact me for a</u> session.

Support from the Spirits in the Winter Solstice Sweat Lodge December 20th Doors at Noon

Join Lauri and the Spirits for this sacred ceremony of prayer, purification and power. Contact Lauri for more information.

Upcoming Courses and Circles

January

Step into Sound: A Sound Taster

Enjoy an open environment to explore making sound, connecting to the divine realms, cleansing old & bringing in new vibrations into your body, mind, and spirit. A great introduction and free opportunity to step into the world of intentional healing sound.

January 29th 1-5 pm at Hidden Lake. RSVP here.

Introduction to Singing Bowls

Come play with these magnificent sound beings! Feel how their vibrational power, in partnership with your heartfelt intentions, create and transform. A light-hearted sound adventure.

January 30th, 1-5 pm at Hidden Lake. <u>RSVP here</u>.



February

Shamanic Sound Healing: A 5 month Series at Hidden Lake.

In 2016, I will be offering my sound healing course in a monthly format. This course is designed both for those who want to learn how to incorporate sound into other healing modalities, as well as those seeking to invite high vibrational potency into their lives with healing sound. Enhance your abilities to be a clear and open channel for Spirit, which rides the waves of sound into this reality.

Feb. 13, Mar. 19, Apr. 9, May 14, June 18. Click here for more information and/or to register.



The Shaman's Voice: Healing Sounds for Creative Living This course focuses on bringing healing and upliftment to the "Symphony of the Self", using intentional sound for self-healing and joyful manifesting. No previous experience required. *February 27-28 at Hidden Lake.* Read more & register...

Email or call me for a powerful sound healing session.

Lauri@shamanicsoundheaing.com 503-939-7174

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show is loosely based on Charles Dickens'"A Christmas Carol." ...



Photo of James Sharinghousen and Aislin Courtis by Bud Nodurft.

OREGON CITY - Clackamas Repertory Theatre continues its second season of interactive shows for children with two holiday-themed Saturday performances Dec. 5 and Dec. 12 at 10:30 a.m. in the Osterman Theatre at Clackamas Community College.

This show is loosely based on Charles Dickens' "A Christmas Carol." Jazz, the squirrel, played by Clackamas Rep favorite James Sharinghousen, is acting a little "Scroogey" and is visited by the Ghost of Christmas Future, Jacob Marley, and three spirits. The children in the audience will help the other characters, Buzz Buzz the bee, Rita the fruit fly and Luna the owl get Jazz back in the Christmas spirit.

As always, there will be singing, dancing and a chance for children to come up to the stage for their moment in the spotlight. Word is Santa will be in the audience!

"Wing It," is geared for children 2 to 10 years old and is developed and directed by Travis Nodurft, Clackamas Rep company member, professional clown and Oregon City sixth-grade teacher.

Additional shows are scheduled for Feb. 13, April 9 and May 7. All performances begin at 10:30 a.m. and take place in the Niemeyer Center at Clackamas Community College. Admission is a suggested \$5 donation at the door.

For more information, visit clackamasrep.org or call 503-594-6047.

<u>CCC Presents December Concert Lineup</u>...

OREGON CITY – Clackamas Community College's Music Department presents an array of concerts each December featuring student groups, alumni and faculty, ranging from jazz to classical holiday music. Here is the fall 2015 concert series schedule:

- Thursday, Dec. 3, Wind Ensemble and String Ensemble, 7:30 to 9 p.m., Osterman Theatre at CCC
- Saturday, Dec. 6: **Sing for Joy!** featuring the CCC Mainstream and Chamber choirs, 7:30 to 9:30 p.m., Trinity Lutheran Church, Oregon City.

Admission is \$5 per concert. For more information, contact the Music Department at 503-594-3337.

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Latino art show 'Hola Art' opens at CCC Pauling Gallery...



An image from Enrique Zavala

OREGON CITY – "Hola Art," an exhibition featuring the work of several local Latino artists, opened Nov. 11 in the Pauling Gallery and runs through Dec. 11. The Latino art show is hosted by Clackamas Community College and the Clackamas Arts Alliance.

The artists participating in "Hola Art" include: Enrique Zavala and Joaquin Sandoval.

This exhibit of work was created as part of Clackamas County's September 2015 celebration of Hispanic Heritage month. The show was exhibited for 3 months at the County Public Services Building before traveling to Clackamas Community College.

The Pauling Gallery is located in the Pauling Center at Clackamas Community College's Oregon City Campus. The gallery is open Monday through Friday from 9 a.m. to 5 p.m. with the exception of campus holidays. Exhibitions are open to the public, and there is no cost to attend.

For more information, contact CCC Department Chair of Skills Development and Clackamas Arts Alliance committee member Camilo Sanchez at ext. 3029 or <u>Camilos@Clackamas.edu</u>.

CCC winter term registration is now open...

OREGON CITY – Clackamas Community College's winter term schedule hit mailboxes this week, and it is full of interesting classes you can take to learn a new skill, further your career or make progress toward your degree.

Clackamas' robust winter offerings include a variety of classes, including:

- Archaeology and Prehistory
- Animation and Motion Graphics
- Intro to Video Game Design
- Communication Between the Sexes

CCC also offers enriching Community Education classes you can take to develop a skill or hobby.

Community Education classes are held at schools and community centers all over the college's service district, so they are a convenient, low-cost way to keep active this winter.

The Clackamas Community College Schedule of Classes provides information on course offerings each term, course descriptions for both credit and non-credit classes and our community education classes. Winter term classes start Jan. 4. For a complete list of classes, visit Clackamas.edu/schedule.

For more information, call 503-594-6100 or stop by our Office of Admissions at 19600 Molalla Ave., Oregon City.

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Calendar of Events...

C L A C K A M A S*C O M M U N I T Y*C O L L E G E

CALENDAR OF EVENTS

PUBLIC AFFAIRS OFFICE • 19600 MOLALLA AVENUE • OREGON CITY • OREGON 97045 **CONTACT:** JANET PAULSON • 503.594.3162 • <u>jpaulson@clackamas.edu</u>

December 2015 CCC Calendar of Events

Dec. 3

Wind Ensemble and String Ensemble

Concert runs from 7:30 to 9 p.m. in the Osterman Theatre at CCC. Admission is \$5. For more information, call 503-594-3337.

Dec. 5

Herb Gift and Holiday Decorating Workshop

Spend a Saturday morning making herb gifts and holiday arrangements to take home. Workshop runs from 8 a.m. to 12:20 p.m. in Clairmont Room 117. Fee is \$45. For information, email lorettam@clackamas.edu or call 503-594-3292.

Dec. 6

Sing for Joy!

This concert features the CCC Mainstream and Chamber choirs and runs from 7:30 to 9:30 p.m. at Trinity Lutheran Church, Oregon City. Admission is \$5. The admission cost is \$5 per concert. For more information, contact the Music Department at 503-594-3337.

Dec. 2 and 9

Chrysalis: Women Writers

Local author Pat Lichen guides women writers of all levels through discussions of their work. Chrysalis meets from noon to 2 p.m. in the Literary Arts Center, Room 220, in Rook Hall. For information, call 503-594-3254

December 24-25

Winter Holiday

Clackamas Community College is closed for the winter holiday.

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mark your calendars......

Additional sources of information......

- check http://www.estacadaarts.org for upcoming arts events
- check here for the who's who at first friday at the spiral gallery: <u>http://www.thespiralgallery.com/FirstFridaynew.html</u> -- do you see someone you know on the First Friday photos?

On FACEBOOK please LIKE the following local arts group pages:

- estacada arts
- performing arts group of Estacada (PAGE)
- estacada together
- estacada summer celebration -- a free arts and music festival
- the spiral gallery



There are LOTS of new people moving to our neighborhood. I wish that they ALL could know about the LUCKY DAWG eNEWS. Many have told me that if it wasn't for the DAWG they would have missed an event that interested them. SO...

...I had business cards made. (see above). I plan to distribute them around town to be picked up by those interested. Do you know new people in the neighborhood; or perhaps even some of your friends who want to know what's going on? If you'd like some of these cards, to help inform peeps about all the FUN things happening around here, just let me know; and I'll get some cards to you. My THANKS to Paul Strobel, our own State Farm Insurance guy; Linda Arnett from the Book Nook; Tamera Nielson from Oregon Massage & Lymphedema Clinic; and Michele Kinnemon at our own Estacada Public Library, who are all handing these cards out to all the new Estacada residents they meet... *Would you like some LUCKY DAWG eNEWS business cards, to hand out too?*

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GREAT NEWS -- once again you can read the DAWG online -- for years I was grateful that Dan Skoog posted the DAWG online; and now Jordan Winthrop has graciously "picked up the torch" to do so. So now you can read the LUCKY DAWG eNEWS either as it arrives in your email; or online at EstacadaLocal.com. Find it here <u>http://estacadalocal.com/news/lucky-dawg-e-news/</u>

always know that if you have local friends and family who'd like to receive this weekly "LUCKY DAWG eNEWS" email, send me their email address and i'll add them to my list -- if this one email once a week has become overwhelming, and a simple "delete" will put your over the edge, let me know and i'll pull your name from this list..... if you have anything you'd like to put in this weekly newsletter, please email it to me BY wednesday at midnight, of any given week; in a "cut and paste form" -- keep in mind that images/pictures are more interesting than just WORDS; -- this email generally goes out on thursdays -- it may or may not "make the cut," so please don't take it personally if it doesn't.....

well kids, that's what i know for now -- go out and meet someone new, do something novel and eat something extraordinary...... :).

aren't we LUCKY DAWGS to be living in estacada, the BEST place on earth?!!!

enjoy one another -- we're all in this together :)......

gloria :).

~~~ shopping locally is a GOOD thing ~~~ ~~when we support the local events and businesses, they support us~~~